

THE *Beauty* CLINIC

specialists in quality skincare

Newsletter September / October 2008



Welcome to our new style newsletter!

I hope to share with you some of the fabulous treatments that we have become known for. We have recently been nominated for a prestigious British Beauty & Spa award. As finalists we have been invited to attend the glittering awards ceremony at the Royal Lancaster in London. It is a huge privilege for us to be recognised for our contribution and passion. A journey for me that started with the opening of the clinic 21 years ago, and for Carol and Nikki who have been delighting clients here for over 10 years, and also for Sarah T, Kellianne, Sarah B, through to our newest team member, Charlotte who replaces Eleni as Reception Manager.

We look forward to seeing you again soon!

Regards
Rita



Skincare Specialists - How we get to know your skin!

We are skincare specialists and our Personal Skin Analysis Consultation is just one way in which we like to do things a little differently. By giving you time at your first appointment to find out truly how your skin is, how it has responded to skincare in the past, what can be improved by targeted treatment, what benefits you actually want, we can really aim to provide you with the very best solution, drawing on the results of professional treatments from Crystal Clear, IPL, Guinot, Decleor and Darphin.



We can talk you through the many different options that are available from intensive courses to hands-on holistic spa treatments. Advise you on the results that can be achieved and take

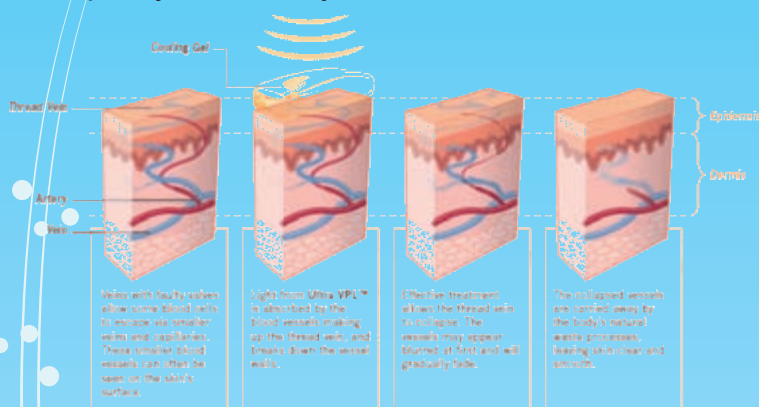
the first photographic 'before' images on your 'Beauty Timeline' record. Your therapist will show you how the SIAscopy camera takes images showing a map of 2mm below the surface of your skin.

It can also provide an 'age score' to show how your skin is fairing up to the damaging effects of the elements, and you will be provided with details of recommended treatments. Effective results may cost less than you think, A Crystal Clear Microdermabrasion treatment costs £37, with

a variety of facials costing between £50 and £85 and full face and neck IPL Skin Rejuvenation at the special price currently of £95.

Tread Vein Treatment explained!

Thread veins often appear on the face because of the vulnerability of this delicate skin to the ravages of exposure to the sun, wind, cold. Thread vein treatment with IPL targets the superficial dilated capillaries, using an instant flash of intense light energy that causes a precise thermal action, which over time causes the capillary to naturally break down.



Treatment prices start at £55 for the cheeks and nose facial area. Thread veins on the legs can also be treated. In the first instance call 01275 343092 to book a consultation with an IPL vein specialist.

Illuminate your skin!

By using illuminating and light deflecting products you will instantly give your skin a younger and more radiant look.



The latest make up products use minerals to give a light-weight, 'barely there' natural finish to enhance, but not 'mask'. Charlotte and Sarah in reception will be pleased to demonstrate how simply you can update your look with just a few key products. A complimentary 'mini-makeover' is just one way we like to share our passion of beauty and well-being!

In particular we love the Darphin Illuminating Blush Sensation powders swept over your skin with a large soft brush (£16) and the new Bourjois Lip Tint (£5.95) and cream eyecolour. An essential for any make up bag also is the new Easy-Off waterproof mascara.

Vibrational Therapy

This type of healing therapy invites us to look at ourselves and our world in a completely new way than we are used to. With conventional medicine based on Newtonian Physics and scientific methodology, our bodies are often viewed as being elaborate machines. When viewed in this mechanical way, our bodies are seen as material forms that function or fail, and energy is given very little attention.

With the advent of 20th century physics a new understanding of Quantum Physics was born. Einstein's theory of Relativity essentially stated that light energy and matter are all of equal importance. Physicists began to look at how energy played a more important role in the creation of, and indeed the survival of, our universe.

In the last 30 years, technological advances have opened the door for studies of energy, and how it behaves, in ways that were never before available. The results of these studies bring about a shift in our concept of matter. In the Quantum Universe everything is energy! Energy precedes matter, and matter accounts for only 2% of the universe as we understand (or see) it.

Essentially the only difference between physical matter and etheric matter is the electromagnetic frequency at which it vibrates. Because each person is so very different, having varying degrees of emotions, personalities, mental attitudes, ailments, etc, we have our own unique energy vibration. This flow of our own 'life force energy' can become battered and worn by life's traumas, pollution, physically and emotionally inherited issues. A holistic therapist believes that to stop ourselves becoming ill, we need the 'negative energy' and 'energy blockages' to be removed, and replaced, with positive energy.



There are many holistic therapies that work on different energetic frequencies and vibrations. Vibrotone is just one of the therapies available at The Beauty Clinic that works in a holistic way to bring so many benefits to your health and well-being.



Vibrotone -

- ✓ Is a medically proven body massage (used in the NHS for 40 years for clinically obese patients)
- ✓ Clinically proven to improve the flow of lymphatic circulation, to reduce swelling and odema
- ✓ Endorsed by Dr Elizabeth Dancy, author of 'The cellulite Solution' as an effective and proven method of cellulite reduction and body detox
- ✓ Is calming and relaxing - the company behind Vibrotone sponsor the Fairy Tale charity who supply giant-sized teddy bears filled with a vibrotone system that an autistic or severely disabled child can hug to relax them prior to physiotherapy
- ✓ The head physio of team GB athletic spent a year researching the sports massage tables and has authorised the treatment at the Olympic training centre.

To experience the unique feel of the Vibrotone treatment for yourself we invite you to book for a free trial. Your therapist will explain the benefits and recommend a personal plan for experiencing this wellbeing treatment to the full.

Vibrotone therapy can be experienced in many ways -

Upgrade incorporated together with your regular treatments	£15
Full body massage	£40
Heavy Leg treatment	£30
Men's sports massage	£30
Course of 8 cellulite treatments	£216
Course of 6 total body well-being and detox treatments	£216

For more information visit www.vibrotone.co.uk



"An all over body massage wasn't for me - until now!"

Expert Skincare

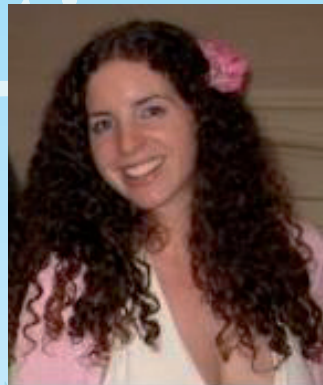
September launches the Darphin 3D Beauty Expert Program. During the month we will be raising awareness of this fabulous system, offering you the chance to experience for yourself the quality and effectiveness of Darphin. Samples, testers, facial massage information, free gift with purchase, while stocks last.



We are holding an event on Friday September 12th to experience a customised consultation, with professional skin analysis, advice on caring for your skin, tips on how to perform your own daily massage ritual to help optimise application and firm and energise your skin and an introductory facial treatment all for a £20 booking fee redeemable against two 3D purchases. Join Julie Dumas - Darphin skincare expert for this interesting and informative hour long private skin session.

To book please telephone 01275 343092

If you are unable to join us on this event day please book in for a Skin Analysis Consultation and one of our Beauty Clinic Skincare Specialists will be pleased to take an expert look at your skin and provide a recommendation. We will be giving away a gift of the 8 Flower Nectar aromatic care worth £37 with every two serum or cream purchases made while stocks last (not available in conjunction with the free treatment offer with Julie).



Charlotte Donachie has recently joined the team as Reception Manager. She brings with her experience in retail management and a flair for fashion and design. She has also had cosmetic and make up experience with Virgin Vie.

Celebrations at
The British Beauty
&
Spa Awards
2008!

